

Protea colours	SJ, Jun and Open only, who get qualifying standard
Federation (Green) colours	Masters who get qualifying standard
One badge below	1 badge below qualifying standard - only for International Comps hosted in SA

Qualifying comps

SA Equipped Powerlifting Championships

Internationals

Asia/Pacific/Africa Championships, Japan	5-13 July	All Ages
World Classic Subjunior and Junior Powerlifting Championships - Costa Rica	29 Aug-7 Sept	SJ and Jun only
World Classic Masters - Cape Town	12-19 October	Masters plus 1 badge below
World Equipped Open Powerlifting Championships, Romania	10-18 November	Open
African Powerlifting and Bench Press Championships, Tunisia	23-29 November	All Ages

Equipped Powerlifting - Men							
MEN	SubJunior	Junior	Open	Master 1	Master 2	Master 3	Master 4
53							
59							
66							
74							
83						Tommie de Nysschen	
93							
105			Haroun Pietersen				
120					Hermanus de Beer		
120+				Simon Breetkze	John Crain		

Reserves

Equipped Powerlifting - Women							
WOMEN	SubJunior	Junior	Open	Master 1	Master 2	Master 3	Master 4
43							
47							
52					Carol Anthony Elisabeth Barry		
57							
63		Mijuane de Wet	Mijuane de Wet				
69	Stephene Loubser	Chante Mulder			Laura de Wet	Heather Leighton	
76				Chantelle du Toit			
84							
84+							